

What Is Ozone?

Ozone is a naturally occurring compound made up of three oxygen atoms, commonly notated as O₃. Most oxygen that we breath is O₂.

Ozone is made when an electrical current, such as lightning, passes through oxygen, O₂. The electrical charge breaks apart the two oxygen atoms. Most of the oxygen atoms immediately reunite to reform O₂. But a very small percentage of the single oxygen molecules combine to form a trio, O₃. The ozone molecule is highly unstable and breaks down quickly to O₂. ***But it is precisely this instability that makes ozone so powerful from a healing perspective.***

How Does Ozone Work?

As soon as the ozone touches the blood or tissue it produces ozonides and peroxide that travel into the mitochondria, the power houses of the cells. Thereby, these compounds give energy directly to the cells so that the cells have the energy to repair themselves.

Addition to giving the cells energy, it is also antimicrobial. It kills viruses, bacteria and parasites. Ozone improves inflammation and increases the oxidation buffering capacity.

In other words, ozone therapy helps treat the *root cause* of injury and disease biochemically, not just the symptoms.

Is Ozone therapy NEW? *NO*

It has been used worldwide for more than 50 years. There is a LOT of data supporting its use worldwide.

Is Ozone Therapy Safe? *YES*

Does insurance pay for this healing modality? *NO*

Major Auto-hemotherapy

MAH is the most common, and in most cases the most effective way ozone is administered. The patient relaxes in a chair in the IV room and has 100-250ml of blood removed into a sterilized IV bag. Then ozone is injected into the bag, which is gently shaken, allowing the red and white blood cells to take up the ozone. The ozonated blood is then returned to the body via IV drip. The entire procedure takes about 30-60 minutes.

Benefits of MAH:

- Reduces the clogging of blood cells
- Detoxifies the liver
- Decreases uric acid levels
- Improves circulation and oxygen supply
- Decreases fat (cholesterol and triglycerides)
- Kills viruses, bacteria and fungi
- Improves the activity of the white blood cells and the immune system
- Improves the metabolism of cells
- Improves the antioxidation capacity
- Slows down the aging process

Effects of MAH:

It is invaluable in the treatment of heart disease and circulatory disorders. Chronic infections such as hepatitis-C, herpes, Lyme, and AIDS respond very favorably to MAH. It is also very helpful in chronic fatigue syndrome, fibromyalgia, and autoimmune diseases.

COST: \$ 200/ session