

Osteopathy

Osteopathic manipulative treatment is hands-on care. It involves using the hands to diagnose, treat, and prevent illness or injury.

Osteopathy of the Visceral Field is a manual therapy technique that focuses on the internal organs, their environment and the potential influence on many structural and physiological dysfunctions. Visceral Osteopathy re-establishes the body's ability to adapt and restore itself to health. Up to 80% of musculoskeletal dysfunction result from a visceral problems.

Osteopathy in the Cranial Field

Cranial Osteopathy is an expansion of the general principles of osteopathy which includes a special understanding of the central nervous system and a mechanism called primary respiration.

Conditions that may be helped:

- Chronic musculoskeletal pain
- Headaches and Migraines
- Sciatica
- Back, hip and knee pain
- Whiplash and other physical trauma
- Shoulder peri-arthritis and capsulitis
- Restricted range of motion
- Fibroids and Cysts
- Bladder incontinence
- Liver disorders
- Digestive disorders
- Neuromotor problems
- Vertigo
- Post-surgical pain and Scar tissue
- Post-cardiac surgery
- Swallowing difficulties
- Acid Reflux and Heartburn
- Women's health issues
- Endometriosis
- Ward off infection
- Emotional disorders
- Anxiety and Depression
- Post-Traumatic Stress Disorder
- and much more